



Health Programme (2025–2028)¹

Project: Strengthening the management of non-communicable disease prevention and health promotion in Slovakia 2025-2028

Objective: Strengthening the prevention of non-communicable diseases (NCDs) and reducing avoidable mortality.

1. Political context and strategic significance

Slovakia faces a high rate of avoidable mortality and rising costs for the treatment of chronic non-communicable diseases (cardiovascular, oncological, diabetes). This program represents a key tool for fulfilling the Strategic Framework for Healthcare of the Slovak Republic until 2030 and implementing the principle of "Health in All Policies".

2. Financing: Total allocation of almost 16 million EUR (85% Swiss contribution, 15% Slovak state budget).

Main measures and benefits for regions

The program does not remain at the state level, but transfers capacities directly to the citizen through the established network of prevention coordinators and implemented projects.

Why is it important?

1. Economic efficiency: Investment in prevention is many times cheaper than subsequent treatment of chronic conditions and social support for disability.²

2. Regional development: It has the ambition to strengthen the competencies of local governments and brings resources to localities and regions that differ in health indicators.

3. International prestige: The successful implementation of the second Swiss contribution confirms the credibility of Slovakia as a reliable partner and creates a prerequisite for further financing of this program.

The Health Program 2025–2028 is a **systemic solution** that transfers responsibility for health from a purely medical level to a political and societal level. Its support represents a direct investment in the quality of life and

productivity of the population. The goal is a synergistic effect and more efficient use of public resources.

Additional information:

What is the Swiss-Slovak Health Programme?

- *The Swiss-Slovak Health Programme is a support measure within the second Swiss contribution to selected EU Member States, aimed at strengthening the prevention of non-communicable diseases (NCDs) and health promotion in Slovakia and eliminating inequalities.*
- *The programme is built on three main components at the central, regional and local levels, which connect state institutions, local governments and experts.*
- *It has an allocation of almost 16 million euros and is managed by the Ministry of Investments, Regional Development and Informatization (MIRRI) of the Slovak Republic in cooperation with the beneficiary - the Ministry of Health of the Slovak Republic and other partners (attachment presentation).*

Main objectives:

- *The programme aims to reduce avoidable mortality and the incidence of NCDs through effective management models at the national, regional and local levels.*
- *Supports the implementation of the Strategic Framework for Health Care of the Slovak Republic until 2030, including improving public health literacy and integrating the principle of "Health in All Policies".*

Key measures in component 1:

- **Creation of a governance model for the system of prevention of non-communicable diseases and health promotion**, which ensures effective cooperation between the Ministry of Health, public health authorities and local governments.
- **Establishment of a digital platform "National Portal of Best Practices"**, which serves as a database of tools and best practices in prevention and health promotion.
- **Strengthening human resources capacities**, in particular by creating or allocating positions of prevention coordinators at the regional and local levels, who coordinate the implementation of targeted prevention measures tailored to the needs of specific regions and cities.
- **Multisectoral cooperation and networking of stakeholders in the field of prevention**, which enables the exchange of knowledge and coordinated communication between health, local and community actors.
- **Increasing health literacy and public awareness** of risk factors for noncommunicable diseases through counseling centers, campaigns and educational activities.
- **Implementing specific interventions and prevention programs.**
- **Strategic planning and monitoring of the health status of the population** and creating policies based on current data with the aim of permanently influencing the determinants of chronic diseases.

This systemic approach is supported by a Swiss financial contribution with a 15% participation, financed from the state budget of the Slovak Republic, which enables the implementation of these measures in local governments and health institutions in Slovakia.

Overall, this is a coordinated and multi-level effort aimed at improving the prevention of noncommunicable diseases through management, capacity building, education and implementation of targeted measures in regions and cities.

1 https://swiss-contribution.sk/?page_id=252&lang=en&csrt=3050082230980648811

2 [All for Health, Health for All: investment case 2025–2028; https://www.oecd.org/en/publications/the-health-and-economic-benefits-of-tackling-non-communicable-diseases_e20cbbc3-en.html](https://www.oecd.org/en/publications/the-health-and-economic-benefits-of-tackling-non-communicable-diseases_e20cbbc3-en.html)